

## WHAT'S IN A NAME? (JACOB)

In the column below called False Labels, write down any labels that have been assigned to you that limit you or make you feel less than loved. In the column called God's Labels, write down how you think God sees you and how he would like you to label yourself.

False Labels	God's Labels
	<b></b>
	<b></b>
	<b></b>
	<del>.</del>